

Wilburton Primary School Medium Term Plan

Term: Autumn 1, 2022	Class/Year Groups: Hedgehogs		Subject: PE		Topic/Unit: Dance	
Value Skill in Focus (building up each half-term)	Autumn 1: Focus	Autumn 2: Respect and Collaboration	Spring 1: Initiative	Spring 2: Curiosity	Summer 1: Resilience and Risk Taking	Summer 2: Applying them all to be successful learners
Main Outcome: (oral, written or practical - one of each type per subject per year, in most subjects)	<p>In this unit, children will work to produce a group dance on the theme of a football match, containing the following elements: Pre-match: Fans - repetition, gestures, meet and part, lead and follow. Warm Up – levels, pathways, direction, speed, canon/ unison. The Match: Game play – pathways, action/reaction, speed, levels. Referee Signals – contrasting, pathways, and levels. Post Match: Celebration – development of fan section, levels,size, speed, formations and relationships.</p> <p>To achieve this outcome they will need to be taught the following general, transferable, oral/written/practical skills:</p>					
Key Concepts in this subject for children to learn and remember (knowledge, skills, vocabulary) One per box, between 6-12 depending on age and length of unit of work.	Motif. A movement phrase encapsulating an idea that is repeated and developed throughout the dance.	Movement phrase: a series of movements linked together to form a pattern.	Warm-up: a way of preparing for physical activity. Children will follow the warm up sequences from the CCC scheme of work.	Mirroring: reflecting the movements of a partner.	Action/reaction: when one dancer performs an action which initiates a response in another	Unison: moving together exactly.
	Canon: dancers to take it in turns to perform a movement that is then identically copied and performed by others.	Levels: children will perform movements at low, medium and high levels	Pathway: the trail a dancer takes through the dance space.			